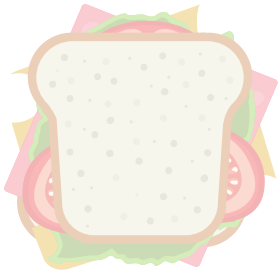
FOOD LABEL SCAVENGER HUNT

Health Beet

You'll need to find items that have these characteristics. Write the name of the product next to the characteristic you're trying to find



Contains whole grains

_____

Is Juice



_____

Is a "rich in" or a "good source" of calcium

_____

Contains sugar that is listed as another name

_____

Has more than 5 g of protein in a serving



_____

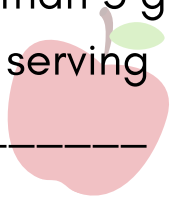
Has more than 200 calories in a serving

_____

Has more that 20 g of sugar in a serving

_____

Has more than 3 g fiber in a serving



_____

Has more that 500 mg sodium in a serving

_____



Does not have added sugar in it _____